

**Monday, Tuesday, Wednesday, Thursday, Saturday, Sunday**

<b>Stops</b>	<b>Times</b>
LondonVictoria Coach Station, Departures Hall	09:00
London (Golders Green)Bus Station, Stop GE	09:40
Milton Keynes CoachwayA509 near M1 Junction 14	10:40
BirminghamCoach Stn, Digbeth	A 12:10 D 12:50
ManchesterCoach Stn, Chorlton St	A 15:00 D 15:10
Tebay ServicesM6, Northbound	A 16:50 D 17:15
PenrithRail Stn	17:40
CarlisleBus Station, Lonsdale Street	18:10
HamiltonInterchange, Orchard Street	19:50
GlasgowBuchanan Bus Stn	20:15

**Friday**

<b>Stops</b>	<b>Times</b>
LondonVictoria Coach Station, Departures Hall	09:00
London (Golders Green)Bus Station, Stop GE	09:40
Milton Keynes CoachwayA509 near M1 Junction 14	10:40
BirminghamCoach Stn, Digbeth	A 12:10 D 12:50
ManchesterCoach Stn, Chorlton St	A 15:15 D 15:25
Tebay ServicesM6, Northbound	A 17:20 D 17:45
PenrithRail Stn	18:10
CarlisleBus Station, Lonsdale Street	18:40
HamiltonInterchange, Orchard Street	20:20

GlasgowBuchanan Bus Stn

20:45

## Key

A

DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.