

## Monday, Tuesday, Wednesday, Thursday, Saturday, Sunday

<b>Stops</b>	<b>Times</b>
London Victoria Coach Station, Departures Hall	09:00
London (Golders Green) Bus Station, Stop GE	09:40
Milton Keynes Coachway A509 near M1 Junction 14	10:40
Birmingham Coach Stn, Digbeth	A 12:10 D 12:50
Manchester Coach Stn, Chorlton St	A 15:00 D 15:10
Tebay Services M6, Northbound	A 16:50 D 17:15
Penrith Rail Stn	17:40
Carlisle Bus Station, Lonsdale Street	18:10
Hamilton Interchange, Orchard Street	19:50
Glasgow Buchanan Bus Stn	20:15

## Friday

<b>Stops</b>	<b>Times</b>
London Victoria Coach Station, Departures Hall	09:00
London (Golders Green) Bus Station, Stop GE	09:40
Milton Keynes Coachway A509 near M1 Junction 14	10:40
Birmingham Coach Stn, Digbeth	A 12:10 D 12:50
Manchester Coach Stn, Chorlton St	A 15:15 D 15:25
Tebay Services M6, Northbound	A 17:20 D 17:45
Penrith Rail Stn	18:10
Carlisle Bus Station, Lonsdale Street	18:40
Hamilton Interchange, Orchard Street	20:20

## Key

A

DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.