

Monday-Thursday

| Stops | Times | | | |
|--|--------------------|--------------------|--------------------|--------------------|
| Newcastle upon Tyne Coach Stn, St James Boulevard | 06:00 | 07:50 | 11:50 | 14:45 |
| Sunderland Interchange (Park Lane) | 06:30 | 08:25 | 12:20 | 15:20 |
| Stockton-on-Tees Yarm Lane temporary coach stop, adj Yarm St | - | 09:10 | - | - |
| Hartlepool Transport Interchange, Lynn St (adjacent to rail station) | - | - | 12:55 | - |
| Billingham Wolviston Rd, nr Swan P.H. | - | - | 13:10 | - |
| Middlesbrough Bus Station | 07:15 | 09:30 | 13:25 | 16:10 |
| Leeds Coach & Bus Stn, Dyer St | A 08:45 D 09:10 | A 11:05 D 11:30 | A 14:50 D 15:15 | A 17:45 D 18:00 |
| Sheffield (Meadowhall, M1 J34) Interchange | - | 12:10 | - | - |
| London (Golders Green) Bus Station, Stop GE | 12:40 | 15:30 | - | - |
| Milton Keynes Coachway A509 near M1 Junction 14 | - | - | 18:15 | 20:50 |
| London (Marble Arch) Park Lane, near Green St, Stop RH | 13:20 | 16:05 | 19:50 | 22:05 |
| London Victoria Coach Station, Arrivals Hall | 13:35 | 16:20 | 20:05 | 22:20 |

Friday

| Stops | Times | | | | |
|--|--------------------|--------------------|--------------------|--------------------|--------------------|
| Newcastle upon Tyne Coach Stn, St James Boulevard | 05:15 | 07:00 | 08:00 | 11:50 | 14:45 |
| Sunderland Interchange (Park Lane) | 05:45 | 07:30 | 08:35 | 12:20 | 15:20 |
| Stockton-on-Tees Yarm Lane temporary coach stop, adj Yarm St | - | 08:15 | - | - | - |
| Hartlepool Transport Interchange, Lynn St (adjacent to rail station) | - | - | - | 12:55 | - |
| Billingham Wolviston Rd, nr Swan P.H. | - | - | - | 13:10 | - |
| Middlesbrough Bus Station | 06:30 | 08:35 | 09:30 | 13:25 | 16:10 |
| Leeds Coach & Bus Stn, Dyer St | A 08:05 D 08:30 | A 10:10 D 10:30 | A 11:05 D 11:30 | A 14:50 D 15:15 | A 17:45 D 18:00 |
| Sheffield (Meadowhall, M1 J34) Interchange | 09:10 | 11:10 | 12:10 | - | - |
| London (Golders Green) Bus Station, Stop GE | 12:20 | - | 15:30 | - | - |

| | | | | | |
|---|-------|-------|-------|-------|-------|
| Milton Keynes CoachwayA509 near M1 Junction 14 | - | 13:25 | - | 18:15 | 20:50 |
| London (Marble Arch)Park Lane, near Green St, Stop RH | 13:05 | 15:05 | 16:05 | 19:50 | - |
| LondonVictoria Coach Station, Arrivals Hall | 13:20 | 15:20 | 16:20 | 20:05 | 22:20 |

Saturday-Sunday

| Stops | Times | | | | |
|---|--------------------|--------------------|--------------------|--------------------|--------------------|
| Newcastle upon TyneCoach Stn, St James Boulevard | 05:30 | 07:15 | 08:15 | 11:50 | 15:00 |
| SunderlandInterchange (Park Lane) | 06:00 | 07:45 | 08:45 | 12:20 | 15:30 |
| Stockton-on-TeesYarm Lane temporary coach stop, adj Yarm St | - | 08:25 | - | - | - |
| HartlepoolTransport Interchange, Lynn St (adjacent to rail station) | - | - | - | 12:55 | - |
| BillinghamWolviston Rd, nr Swan P.H. | - | - | - | 13:10 | - |
| MiddlesbroughBus Station | 06:45 | 08:40 | 09:30 | 13:25 | 16:15 |
| LeedsCoach & Bus Stn, Dyer St | A 08:05 D 08:30 | A 10:10 D 10:30 | A 11:05 D 11:30 | A 14:50 D 15:15 | A 17:45 D 18:00 |
| Sheffield (Meadowhall, M1 J34)Interchange | 09:10 | 11:10 | 12:10 | - | - |
| London (Golders Green)Bus Station, Stop GE | 12:20 | - | 15:30 | - | - |
| Milton Keynes CoachwayA509 near M1 Junction 14 | - | 13:25 | - | 18:15 | 20:50 |
| London (Marble Arch)Park Lane, near Green St, Stop RH | 13:05 | 15:05 | 16:05 | 19:50 | - |
| LondonVictoria Coach Station, Arrivals Hall | 13:20 | 15:20 | 16:20 | 20:05 | 22:20 |

Key

A

DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.

-The coach does not stop here on this service.