nationalexpress 406

London to Penzance

Current timetable, valid from Sunday 7th of September 2025. Services may vary during Bank Holidays

Monday-Sunday

| Stops | Times |
|--|--------------------|
| LondonVictoria Coach Station, Departures Hall | 22:30 |
| Heathrow AirportCentral Bus Station | A 23:10 D 23:15 |
| Taunton Deane ServicesM5, Southbound | A 01:50 D 02:10 |
| Exeter (Honiton Rd)A3015 Honiton Rd, Park & Ride (uphill shelters) | 02:50 |
| ExeterBampfylde Street, Express Coach Stop 34 | A 03:00 D 03:05 |
| PlymouthCoach Stn, Armada Way | A 04:05 D 04:15 |
| LandrakeA38, adj Geffery Close | 04:33 |
| TidefordA38 Quay Rd, up-hill stop, before Bridge Rd | 04:35 |
| LiskeardBarras St, lay-by, near Post Office BodminCar Park, Dennison Rd | 04:45 05:10 |
| Newquay [Cornwall]Bus Station, Manor Rd | A 05:45 D 05:50 |
| RedruthRail Stn | 06:20 |
| Pool [Cornwall]Trevenson Rd, opp Cornwall College | 06:25 |
| Camborne [Cornwall]Bus Stn | 06:35 |
| CopperhouseFore St, opp bus lay-by | 06:48 |
| HayleFoundry Square | 06:50 |
| St ErthA30, Interchange, o/s Railway Station | 06:53 |
| CrowlasThe Star Inn, A30, lay-by, opp Inn | 06:57 |
| PenzanceBus Stn | 07:05 |

Key

DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.