nationalexpress 404

Penzance to London

Current timetable, valid from Sunday 7th of September 2025. Services may vary during Bank Holidays

Monday-Sunday

Stops	Times
PenzanceBus Stn	20:00
HelstonCoinagehall St, opp Seven Stars P.H.	20:25
FalmouthBerkeley Vale, bus stop near The Old Police House	20:50
PenrynBridge, nr Estate Agent	20:55
TruroBus Stn, Green St	A 21:15 D 21:20
TresillianBus Stop, opp Post Office	21:27
GrampoundFore St, Dolphin P.H.	21:35
St AustellBus Station, off High Cross Street	A 21:45 D 21:50
St Blazey GateA390 St Austell Rd, opp Four Lords P.H.	21:55
St BlazeyA390 Church St, opp Polgrean Place	21:58
LostwithielThe Royal Talbot	22:08
East TaphouseA390, Bus lay-by	22:16
PlymouthCoach Stn, Armada Way	A 23:00 D 23:15
TotnesCoronation Rd, opp Royal Seven Stars Hotel	23:50
PaigntonGreat Western Rd, Bus Shelter, o/s Library	00:05
TorquayCoach Stn, Lymington Rd	00:20
Newton AbbotLay-by, opp Rail Stn	00:35
ExeterBampfylde Street,	A 01:05
Express Coach Stop 34	D 01:10
Exeter (Honiton Rd)Bus Shelter opp Park & Ride	01:15 A 01:50
Taunton Deane ServicesM5, Northbound	D 02:20
TauntonPark Street, opposite County Hall	02:30
North PethertonFore St, Bus lay-by, opp Hammet St	02:40

BridgwaterCoach Stn	02:50
Weston-super-MareBus Interchange, Alexandra Parade, Stop A	03:20
Heathrow AirportCentral Bus Station	A 05:45 D 05:50
London (Earl's Court)West Cromwell Rd, Stop D, nr Tesco	06:15
LondonVictoria Coach Station, Arrivals Hall	06:35

Key

A
DThe coach will arrive at the first time. After a short break at this stop, it will depart again at the second time.