

nationalexpress

N04

Swansea to Tottenham Hotspur Stadium

Valid from Monday 6th of July 2026 to Tuesday 7th of July 2026

Monday

Stops	Times
Swansea Bus Station (Bays A, B or C)	10:15
Bridgend (Sarn)Odeon (for McArthurGlen)	10:50
Cardiff Sophia Gardens	11:25
Newport [S.Wales]Kingsway, stop 14, lay-by near Riverfront Theatre	12:00
Tottenham Hotspur Stadium	15:00

Tuesday

Stops	Times
Swansea Bus Station (Bays A, B or C)	10:15
Bridgend (Sarn)Odeon (for McArthurGlen)	10:50
Cardiff Sophia Gardens	11:25
Newport [S.Wales]Kingsway, stop 14, lay-by near Riverfront Theatre	12:00
Tottenham Hotspur Stadium	15:00